



Alcohol Awareness Month is recognized each April as a time to bring understanding and prevention to alcohol abuse, and the individuals and their families and friends who are affected by it.

The National Council on Alcoholism and Drug Dependence (NCADD) has chosen the color purple to represent and acknowledge the many lives that are affected by alcohol use and support individuals who are impacted.

The significance of purple is its similarity to the violet variety of quartz named amethyst. The word amethyst is of Greek origin and means "without drunkenness". In ancient times it was believed that anyone carrying this stone could not become intoxicated.

In an effort to raise public awareness, April 19, 2024 has been proclaimed:

"Wear Purple Day in Monmouth County"

We encourage our community members to join us and acknowledge the importance of Alcohol Awareness by wearing **purple** on April 19th.

