

Mr. Caizza offered the following Resolution and moved its adoption:

R-09-93

RESOLUTION SUPPORTING THE MAYOR'S WELLNESS CAMPAIGN

WHEREAS, across New Jersey, communities are facing a rise in health care costs; and

WHEREAS, physical activity levels have been decreasing and obesity rates increasing; and

WHEREAS, local leaders are looking for ways to promote active living, healthy eating, and overall wellness in their communities; and

WHEREAS, the Mayors Wellness Campaign works with Mayors and key leaders to shape healthier lifestyles for the men, women and children in their communities; and

WHEREAS, communities can work towards the goal of healthier citizens and lower health care costs by championing practices and programs that promote active living; and

WHEREAS, the Mayors Wellness Campaign will work to implement a comprehensive program of outreach, education and technical assistance activities to combat obesity and inactivity issues for *Highlands*.

NOW, THEREFORE, BE IT RESOLVED by the Governing Body of the Borough of *Highlands*, New Jersey, ask that all residents of this community join us in supporting the Mayors Wellness Campaign; and

BE IT FURTHER RESOLVED that we encourage the residents of *Highlands* to participate in Mayors Wellness Campaign activities to promote exercise, eating properly and living healthier and better lives.

Seconded by Mr. Urbanski and adopted on the following roll call vote:

ROLL CALL:

AYES: Mr. Francy, Ms. Kane, Mr. Caizza, Mr. Urbanski, Mayor Little

NAYES: None

ABSENT: None

ABSTAIN: None

Date: May 20, 2009

NINA LIGHT FLANNERY
Borough Clerk

I, _____, Clerk/Deputy Clerk, do hereby certify this to be a true copy of the Resolution adopted by the Governing Body of the Borough of Highlands on May 20, 2009.